

Join the FAST FOOD Revolution

Healthy Habits is an Australian fast food franchise with a difference as we believe in offering our customers healthier fast food alternatives. As part of our ambitious expansion program we're looking for committed, motivated people who are interested in owning their own Healthy Habits franchise.



For further information please download the Franchise Booklet from our website at

www.healthyhabits.com.au/franchising



Contact Us

For further information about our catering service, or to place your catering order, please contact your favourite store below.

VIC

Bourke Street PH: 03 9654 4926

Glen Waverley PH: 03 9584 6576
FX: 03 9803 0077

Melbourne Airport (T1) PH: 03 9330 1311

Melbourne Airport (T2) PH: 03 9335 9872

Melton PH: 03 9743 7788

Ringwood PH: 03 9879 2522
FX: 03 9879 4655

Southgate PH: 03 9696 0122

Taylors Lakes PH: 03 9449 1631
FX: 03 9449 4644

Werribee PH: 03 9743 5263

NZ

Christchurch Airport PH: 02 132 400

QLD

Castletown PH: 07 4724 5734

Cairns Domestic Airport PH: 07 4035 9483

Cairns Central PH: 07 4041 0423
FX: 07 4041 6298

Mackay PH: 07 4951 0037
FX: 07 4951 0027

Mt. Pleasant PH: 07 4942 4938

Townsville PH: 07 4724 5934
FX: 07 4724 4412

NSW

Grafton PH: 02 6642 4266
FX: 02 6642 4166

Lismore PH: 02 6621 9144
FX: 02 6621 9744

Tweed Heads PH: 07 5524 9577
FX: 07 5524 9177

Healthy  Habits

www.healthyhabits.com.au



Feed the Masses!

Healthy  Habits
Feel Good!

Catering Menu

Catering Menu

Perfect for the masses, Healthy Habits' catering menu will ensure your next event or function is a hunger-busting success.

With real food options including freshly prepared sandwiches, wraps, baguettes, salads and hot roasts, your team, group or party will be filled to the brim with healthy, delicious goodness.



Simple Platters

1. Sandwich Platter

- 1 Chicken schnitzel
- 1 Ham and cheese
- 1 Salad works
- 1 Chicken BLT
- 1 Chicken and avocado

On your choice of white, brown, multigrain or rye bread

2. Wrap Platter

- 1 Salad works
- 1 Chicken and avocado
- 1 Pumpkin and walnut
- 1 Chicken Caesar
- 1 Beef and pumpkin

3. Turkish Platter

- 1 Chicken and avocado
- 1 Chicken schnitzel
- 1 Ham, cheese and tomato
- 1 Turkey and cranberry
- 1 Mediterranean vegetable

4. Baguette Platter

- 1 Chicken and avocado
- 1 Chicken schnitzel
- 1 Ham, cheese and tomato
- 1 Turkey and cranberry
- 1 Mediterranean vegetable

\$40
PLATTER
\$8/PERSON

SERVES 5

Combo Platters

5. Salad & Wrap Combo

Your choice of Salad from our catering range and
10 Full size best selling wraps

6. ½ Wrap & ½ Muffin Platter

10 Half size best selling wraps
10 Yoghurt pots and
10 Half muffins

\$99
PLATTER
\$9.90/PERSON

SERVES 10

Hungry Platters

7. Wrap & ½ Muffin Platter

10 Full size best selling wraps
10 Yoghurt pots and
10 Half muffins

8. Sandwich Combo Platter

- 2 Chicken schnitzel
- 2 Ham, cheese and tomato
- 2 Salad works
- 2 Chicken BLT
- 2 Chicken and avocado

On your choice of white, brown, multigrain or rye bread

10 Yoghurt pots and
10 Pieces of fresh fruit

9. Wrap Combo Platter

- 2 Salad works
- 2 Chicken and avocado
- 2 Pumpkin and walnut
- 2 Chicken Caesar
- 2 Beef and pumpkin
- 10 Yoghurt pots and
- 10 Pieces of fresh fruit

\$115
PLATTER
\$11.50/PERSON

SERVES 10

Hungry Platters

10. Turkish Combo Platter

- 2 Chicken schnitzel
- 2 Ham, cheese and tomato
- 2 Turkey and cranberry
- 2 Chicken and avocado
- 2 Mediterranean vegetable
- 10 Yoghurt pots and
- 10 Pieces of fresh fruit

11. Baguette Combo Platter

- 2 Chicken schnitzel
- 2 Ham, cheese and tomato
- 2 Turkey and cranberry
- 2 Chicken and avocado
- 2 Mediterranean vegetable
- 10 Yoghurt pots and
- 10 Pieces of fresh fruit

\$115
PLATTER
\$11.50/PERSON

SERVES 10

Hot Dishes

12. Hot Meal Combo

Select from:

- Roast beef and vegetables
- Roast pork and vegetables
- Beef lasagne and vegetables
- Vegetable lasagne and vegetables
- 600ml water
or 450ml soft drink
- Yoghurt pot
- Cutlery

\$150
PLATTER
\$15/PERSON

SERVES 10

Something Sweet

13. Assorted Muffins

An assortment of muffins

14. Fruit Salad Yoghurt Cup

Fresh seasonal fruit salad with
98% fat free vanilla yoghurt
served in a 360ml domed cup.
Includes cutlery

15. Fruit Salad Platter

Fresh, seasonal fruit salad

\$55
PLATTER
\$5.50/PERSON

SERVES 10



vegetarian gluten-free

Product range varies from store to store.
Please check with store for product availability.

Healthy Habits
Feel Good!